



Recreation District

2008

ANNUAL REPORT

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Recreation Director**

March 2009

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An "In Motion" community ensures that all aspects of the community including policies and practises, programs, infrastructure, facilities, schools, organizations and workplaces do their part to increase physical activity opportunities for all people to participate.

ORGANIZATIONAL OVERVIEW

Who Are We?

The Winnipeg River Recreation District (Lac du Bonnet - Pinawa Recreation Commission) is a non-profit community based organization that was developed in 1981 by the Town of Lac du Bonnet, RM of Lac du Bonnet, LGD of Pinawa, Sunrise School Division, and the School District of Whiteshell. The board is comprised of representatives of these partner organizations and community members from the three municipal areas. The Winnipeg River Recreation District (WRRD) also employs two year round staff members. The board and staff work together to provide community recreation services to residents, visitors, and recreation groups in the Winnipeg River area.

Specifically, the WRRD:

- Ensures a wide variety of recreation opportunities for residents and visitors of all ages and abilities
- Acts as a community resource to support and enhance recreation in the region
- Aids in the development of healthy residents and communities

By:

- Coordinating and promoting sport, recreation, leisure and culture programs, events and services
- Fostering partnerships and communication between the communities and recreation stakeholders
- Providing required advice and resources to recreation groups
- Partnering with recreation groups to provide events and programs
- Increase public awareness of recreation and healthy living services and important information
- Participating in local, regional and provincial recreation organizations

Population Served

The Winnipeg River Recreation District encompasses 3 municipalities and 2 School Districts. The following is the population breakdown within the Recreation District in 2008.

TOWN OF LAC DU BONNET:	1009
RM OF LAC DU BONNET:	2812
LGD OF PINAWA:	1454
TOTAL:	5271

Two school divisions exist within our district – Sunrise School Division (Lac du Bonnet) and Whiteshell School District (Pinawa). The following schools are located within the Winnipeg River district:

HIGH SCHOOLS:	Lac du Bonnet Senior School Pinawa Secondary School
ELEMENTARY SCHOOLS:	Centennial School, Lac du Bonnet F.W. Gilbert School, Pinawa
CONTINUING EDUCATION:	New Directions, Lac du Bonnet

Board Members

A maximum of ten people sit on the WRRD board. Partner organizations and community representatives together comprise the make-up of the board. 2008 board members were:

- **PAUL CHAPMAN – CHAIRPERSON.** Paul is the Mayor of the Town of Lac du Bonnet.
- **IONA PLATO** - Iona Plato is the representative for the Town of Lac du Bonnet.
- **LYNN PATTERSON - SECRETARY/TREASURER.** Lynn is a Councillor with the LGD of Pinawa.
- **ROBERT BRUNEAU – VICE CHAIRPERSON.** Bob is a Councillor with the R.M. of Lac du Bonnet. Bob took over as Vice Chairperson in November upon the resignation of Cheryl Bruce.
- **CHUCK REYNOLDS.** Chuck is a Trustee with the Sunrise School Division.
- **RHEA GALESCHUK.** Rhea is the representative for The Whiteshell School District.
- **NANCY BREMNER.** Nancy is the community representative for Pinawa.
- **GLEN MILLER.** Glen Miller is the community representative for the R.M. of Lac du Bonnet.
- **CYNDIE MITCHELL.** Cyndie is a member at large.
- **CAROLINE MCINTOSH.** Caroline is a member at large who joined the board in September 2008.

Staff Members

The WRRD employs two employees – a full time Recreation Director and a part-time Administrative Assistant. Together these employees oversee the Lac du Bonnet and Pinawa Recreation Offices, and carry out the administration, programs and services of the WRRD.

Recreation Director: Sharalyn Reitlo left her position as the Recreation Director in December 2008. Shawn Wilkinson took over as Recreation Director in February 2009.

Administrative Assistant: Kim Ogren has been the Administrative Assistant since May 2003.

Organizational Chart

Staff and Board Members work closely with recreation stakeholders and volunteers.



RCMP Musical Ride – July 23, 2008



David Thompson Brigade – June 15-18, 2008

YEAR AT A GLANCE

2008 was a busy and exciting year that was full of new programs, events and opportunities. The WRRD board and staff are pleased to present statistics and details of a very successful year in this 2008 Annual Report. For a summary of our year, please read the 2008 highlights listed below:

- The year began with staff relocating to a new office in the Lac du Bonnet Community Centre on January 2.
- The number of regular programs and overall participation in programs decreased slightly from 2007 to 2008. This was due to the loss of the popular Aqua fitness program, lower registration in the dance program, and more community events being offered. In 2007, 61 programs were offered and 1694 participants took part. In 2008, 60 programs were offered and 1379 participants took part.
- Program revenue also decreased slightly as a result of a decrease in participation. Program revenue was \$95,788 in 2007 compared to \$80,150 in 2008.
- A Community Recreation Planning process began for both Lac du Bonnet and Pinawa in February 2007 and continued throughout 2008. Planning included a thorough assessment of recreation programs, services, and facilities. From this assessment communities will determine issues, goals and opportunities to enhance recreation for the future. The plans will be completed in summer 2009.
- The WRRD worked diligently in 2008 with partners to provide 18 community events. This number increased from 13 events implemented in 2007. Examples of successful partnerships included the hosting of the RCMP Musical Ride, the David Thompson Voyageur Canoe Brigade, and three sports in the Eastman Summer Games.
- The WRRD provided required support to recreation groups in our region to allow further growth and potential.
- Many efforts were made to increase awareness of the benefits and opportunities for physical activity where you live, work, learn and play.
- Worked with partner organizations to deliver two volunteer development workshops in Lac du Bonnet this year. On January 28 Manitoba Agriculture delivered a workshop on volunteer recruitment. On October 4 Volunteer Manitoba delivered a seminar on board development and strategic planning.

BY THE NUMBERS

5271	Population the Winnipeg River Recreation District serves
3	Communities Served
2	School Districts
27	Years of operation for the WRRD
10	Board members
1.5	Year round staff people
2	Number of years the Recreation Director has been with the District
\$140,299	2008 Operating Revenue of the Recreation District
125	Recreation stakeholder groups within the Winnipeg River District
60	Regular programs implemented in 2008 by the WRRD
1379	Participants in regular programs
18	Special Events
8080	Participants in 2008 special events



**Fantasy Warrior PhAT Camp
July 6-10, 2008**



**Lac du Bonnet Karate Club Friendship
Tournament October 18, 2008**

2008 PROGRAM BREAKDOWN

Winter Programs (January to March)

Program	Dates	Location	Participants	Fee
Cardio Kickboxing (Wed)	January 16 – March 19	Lac du Bonnet Centennial School	17	\$65
Shotokan Karate (Mon & Wed & Sat)	January 7- March 17	Lac du Bonnet Centennial School	42 (ages 9-adult)	Mon \$65 Wed \$65 Sat \$95 2 Days \$130 3 Days \$190
Hall Walking (Mon-Fri)	November 1– April 20	Lac du Bonnet Senior School & Pinawa Secondary School	Approx 40 (seniors)	No Cost
Yoga (Tues)	January 15 - March 18	Pinawa Gilbert Elementary School	20	\$45
Pilates (Mon)	January 7 – March 17	Lac du Bonnet Centennial School	6	\$85
Pilates (Mon)	January 7 – March 17	Pinawa Community Centre	13	\$90
Aqua Fitness (Tues & Fri)	January 15 – March 28	Glenn Howard Inn Lac du Bonnet	52	\$90
Body Sculpting (Mon)	January 7 - March 17	Lac du Bonnet Centennial School	23	\$65
Kids Games Day (Fri)	February 1	Lac du Bonnet Community Centre	34	\$15
Jam Can Curling (Mon)	March 31	Pinawa Orville Acres Arena	60	\$5
Traditional Painting (Sat)	January 26	LdB Senior School in LdB	14	\$70
Volunteer Recruitment (Mon)	January 28	LdB Community Centre	13	Free
Restorative Chair Yoga (Thurs)	January 17- March 20	LdB Senior School Library	5	\$80
Basic Hatha Yoga (Thurs)	January 17- March 20	LdB Senior School Library	5	\$85
Intermediate Hatha Yoga (Thurs)	January 17- March 20	LdB Senior School Library	4	\$85
Irish Cooking (Sat)	March 15	Pinawa Secondary School Home Ec Room	CANCELLED	\$30

Spring Programs (April to June)

Program	Dates	Location	Participants	Fee
Body Sculpting (Mon)	April 7 – June 2	Lac du Bonnet Centennial School	24	\$60
Aqua Fitness (Tues)	April 29 – June 17	Glenn Howard Inn Lac du Bonnet	28	\$90
Step Aerobic Class (Wed)	April 7 – May 28	Lac du Bonnet Centennial School	11	\$65
Shotokan Karate (Mon, Wed & Sat)	April 7 – June 9	Lac du Bonnet Centennial School	46 (ages 9-adult)	Mon \$65 Wed \$65 Sat \$95 2 days \$130 3 days \$190
Basic Hatha Yoga (Thurs)	April 10 - June 12	Lac du Bonnet Senior School	10	\$85
Family Dodge Ball (Sun)	April 20	Lac du Bonnet Centennial School	24	Free
Play Making (Wed)	April 9 – June 11	Pinawa Gilbert Elementary School	11 (ages 7-12)	\$125
Pilates (Mon)	April 7 – May 12	Lac du Bonnet Centennial School	15	\$70
Pilates (Mon)	April 7 – May 12	Pinawa Secondary School	9	\$75
T-Ball (Tues)	May 6 – June 24	Lac du Bonnet Centennial School	16 (ages 4-6)	\$25
T-Ball (Tues)	May 6 - June 24	Pinawa Gilbert Elementary School	CANCELLED	\$25
Pinawa Youth Soccer (Wed)	May 7 – June 25	Pinawa Secondary School	24 (ages 4-11)	\$25
North Eastman Soccer (Mon-Thurs)	May 7 – June 28	Lac du Bonnet, Pine Falls, Grand Beach	40 (ages 4-13)	\$40-60
Recreation Baseball (Tues)	May 6 – June 26	Lac du Bonnet Secondary School	23 (grades 4-6)	\$15
Recreation Baseball (Thurs)	May 8 – June 28	Lac du Bonnet Secondary School	18 (grades 1-3)	\$15
Adult/Teen Drop in Soccer (Thurs)	May - June	Pinawa Secondary School	Approx 20	Free
Tree Health Workshop (Sat)	April 5	4 Byng Crescent, Pinawa	CANCELLED	\$15
Traditional Painting (Sat)	May 10	LdB Senior School Art Room	12	\$70

Summer Programs (July to August)

Program	Dates	Location	Participants	Fee
Swim Lessons (Mon-Fri) 2 week – 3 sessions	July 7 – August 15	Lac du Bonnet Town Dock	150 (ages 3-17)	\$40 (pre school) \$40 (level 1-3) \$45 (level 4-10)
PhAT Camp (Mon-Fri)	July 7 – July 11	Lac du Bonnet Senior School	48	\$140 (early bird) \$165
Karate Camp	August 11-15	Centennial School in Lac du Bonnet	11	\$100
Adult/Teen Drop in Soccer (Thurs)	July and August	Pinawa Secondary School Field	Approx 20	Free

Fall Programs (September to December)

Program	Dates	Location	Participants	Fee
Dance Program (Sat)	September 20 – April 25	Lac du Bonnet Senior School	39 (ages 3-adult)	\$175 (45 min) \$200 (60 min)
Drop in Recreation Adult Volleyball	September 14 – November 28	LdB Senior School Gym	15	Free
Cardio Kickboxing (Wed)	September 24 – November 26	Lac du Bonnet Centennial School	14	\$65
Let' Go Low Aerobics	September 16- November 25	LdB Centennial School Gym	30	\$65
Pilates (Mon)	September 15 – December 1	Lac du Bonnet Centennial School	12	\$85
Pilates (Mon)	September 15 – December 1	Pinawa Secondary School	8	\$90
Body Sculpting (Mon & Fri)	September 15 – December 1	Lac du Bonnet Centennial School	39	1x \$65 2x \$120
Through the Lens Photography	September 17 – October 21	Just For You Studio 7 Park Ave in LdB	10	\$80
Yoga (Tues)	September 23– December 2	Pinawa Elementary School	16	\$50
Shotokan Karate (Mon, Wed, Sat)	September 15 – December 13	Lac du Bonnet Centennial School	46	1 x \$65 Sat \$ 95 2x \$130 3x \$190
Tiny Tigers Karate	September 17- November 19	LdB Centennial School Gym	21	\$50
Introduction to Creative Writing (Mon)	September 22- November 10	LdB Senior School Library	CANCELLED	\$80

Program	Dates	Location	Participants	Fee
Writing at the Next Level	September 23- November 18	LdB Senior School Library	5	\$80
Beginner/ Intermediate Curling Clinic (Sat)	November 2	Lac du Bonnet Curling Rink	21	\$15
Beginner/ Intermediate Curling Clinic (Sat)	November 3	Pinawa Curling Rink	6	\$15
Junior Curling Program (Mon)	November 17 – February 23	Pinawa Curling Club	18	\$30
Board Development & Strategic Planning Workshop	October 4	Lac du Bonnet Community Centre	15	Small fee paid to Volunteer Manitoba
Kids Games Day (Fri)	November 21	Lac du Bonnet Community Centre	24 (ages 5-12)	\$15
Bellydance Workshop (Sat)	October 25	LdB Senior School Gym	CANCELLED	\$30
Street Dance For Teens (Mon)	September 15- December 1	LdB Senior School Theatre	5	\$75
Creative Movement (Mon)	September 15- December 1	Lutheran Church in Pinawa	15	\$70
Traditional Painting (Sat)	November 8	LdB Senior School Art Room	12	\$70

***60 regular programs were offered in 2008
1379 people participated in 2008 WRRD programs***



David Thompson Brigade June 15-18, 2008

2008 EVENTS

Community events are important opportunities for families, friends and neighbours to socialize and help to establish feelings of community pride, spirit and connectedness. The WRRD hosts a few annual events in Lac du Bonnet and Pinawa, and works in partnership with other organizations to implement additional community events. The following chart outlines the 2008 events that the WRRD participated in.

Event	Date	Location	Participants	Partners
Junior Curling Wind-up	March 9	Lac du Bonnet Curling Club	19	Lac du Bonnet and Pinawa Curling Clubs
Lac du Bonnet Ice Fishing Derby	March 8	Lac du Bonnet Town Dock	720	Chamber of Commerce, Town and RM of Lac du Bonnet, Community Center, Secondary School, Lions, Leader, RCMP
4 th Annual Spring Fling Festival	April 18-20	Lac du Bonnet	Approx 600	Town and RM of Lac du Bonnet, Pioneer Club, Community Center, Centennial School, Legion, Lions, Chamber, Mrs. Lucci's, The Leader
Community Registration Night	September 7	Pinawa Gilbert Elementary School	Approx 125	Schools, Grassroots, various recreation groups
Community Registration Night	September 8	Lac du Bonnet Arena	Approx 200	Schools, Arena, Minor Hockey, various recreation groups
Lac du Bonnet Karate Club Friendship Tournament	October 18	Lac du Bonnet Community Centre	Approx 150	Lac du Bonnet Karate, LdB Community Centre
Christmas Tree Lighting	November 28	Lac du Bonnet Community Center	300	Chamber of Commerce, RCMP
RCMP Musical Ride	July 23	Pine Rock Stables in Lac du Bonnet	3200	Town of Lac du Bonnet, RM of Lac du Bonnet, LGD of Pinawa, Pine Rock Stables and local organizations
David Thompson Brigade	June 15-18	Lac du Bonnet and Pinawa	500	Town of Lac du Bonnet, LGD of Pinawa, Centennial school, FW Gilbert School

Event	Date	Location	Participants	Partners
Policeman's/Emergency Services Ball	October 18	Lac du Bonnet Community Center	115	Community Center, RCMP
28 th Annual Christmas Craft & Gift Sale	November 15	Lac du Bonnet Community Centre	60 vendors 1000+ visitors	Lac du Bonnet Community Centre Local organizations and artisans
Eastman Summer Games - basketball	April 12-13	Pinawa Secondary School	55 Athletes Approx. 40 spectators	Sport Manitoba, LGD of Pinawa, Pinawa Secondary School
Eastman Summer Games - Sailing	June 21	Pinawa Sailing & Rowing Club	11 Athletes Approx. 40 spectators	Sport Manitoba, LGD of Pinawa, Pinawa Sailing & Rowing Club
Eastman Summer Games – Beach Volleyball	June 21-22	Pinawa Beach	8 Athletes Approx. 40 spectators	Sport Manitoba, LGD of Pinawa
Ladies Night	April 12	Lac du Bonnet Community Centre	200	Lac du Bonnet Community Centre
Johnny U Day	April 13	Lac du Bonnet Community Centre	225	Lac du Bonnet Community Centre
Old Tyme Dance	Sept. 27	Lac du Bonnet Community Centre	60	Lac du Bonnet Community Centre
Pinawa Birthday Celebration	July 19	Pinawa Beach	400	Pinawa Lions

***The WRRD was involved with 18 special events in 2008
8080 people participated in 2008 events***

PARTNERSHIPS AND COMMUNITY SUPPORT

Working in partnership with other recreation groups enables the WRRD to provide recreation services effectively within our region. Aside from direct programming, the WRRD also provides support, resources, and consulting services to assist in the growth and development of local recreation groups. While support is provided daily in terms of answering questions and providing information, the following table highlights some of the important community recreation support work and partnership building that took place in 2008.

Description of Community Development or Partnership Opportunity	Groups Supported by the WRRD	Timeline
Developed a partnership agreement with the Lac du Bonnet Community Centre to assist with some operations in exchange for free office space.	Lac du Bonnet Community Centre	January to ongoing
Participate as a board member of the Lac du Bonnet Community Center and assisted with annual planning, fundraising efforts and operational procedures.	Lac du Bonnet Community Center	January to ongoing
Participated as a committee member of Recreation Connections Manitoba's Recognition Award Program for Manitoba recreation practitioners/students.	Recreation Connections Manitoba and Manitoba communities	January to November 08
Participate in monthly meetings with other regional recreation staff (ERP Committee).	Recreation staff in North Eastman	January to ongoing
Participate in quarterly Inter Agency meetings in Lac du Bonnet.	Local service organizations	January to ongoing
Assisted in the development of the Children's Activity Directory.	Grassroots, Mrs. Lucci's, local residents	January to ongoing
Community Recreation Planning process continued with a thorough assessment of recreation to determine community issues and goals for the communities and the region.	Town and RM of Lac du Bonnet, LGD of Pinawa, all community recreation groups	January to ongoing
Coordinated bookings for the Husky ball diamonds.	Town and RM of Lac du Bonnet, local baseball groups	April to September
Oversaw the lifeguards, beach, town dock and related activities in Lac du Bonnet.	Town and RM of Lac du Bonnet, residents/visitors	June 30 to August 22
Facilitated opportunities for community program/event promotion in Lac du Bonnet and Pinawa. <ul style="list-style-type: none"> - Lions sign in Centre parking lot - TV's at SICU (LdB) - Added community event listing to brochure - Rec Scene – weekly news paper column - Developed a Rec program/services contact list for Lac du Bonnet & Pinawa - Winnipeg River Recreation District website 	All community recreation groups	January to ongoing

Partnered with Pinawa Lions to implement an event during the Pinawa Birthday celebrations	Pinawa Lions	July
Partnered with Manitoba Agriculture and Volunteer Manitoba to host two volunteer development workshops in Lac du Bonnet	Volunteer Manitoba Manitoba Agriculture	January to November
Participated as a member on the Community Recreation Planning Provincial Committee	Government of Manitoba, Recreation Connections	October to ongoing
Coordinated hall walking opportunities in Pinawa and Lac du Bonnet schools for winter walking.	Two River Seniors, Pinawa and Lac du Bonnet residents	October to April
Curling development for Jr. curlers in Pinawa Coordinated and implemented junior curling program for children 10-14	FW Gilbert School, Pinawa Curling Club	November to December

ON THE DOCKET IN 2009

In 2009, the WRRD plans to continue offering a wide variety of sport, recreation, culture, and leisure programs and events for residents of all ages and abilities. The WRRD will continue to support and partners with recreation stakeholders to further develop recreation opportunities and services within our region. New and/or unique initiatives for the WRRD in 2009 include:

- Continuing to partner with the Lac du Bonnet Community Center to assist with operations and to host community events (i.e. Ladies Night, Montreal Illusionist)
- Continuing to work with partner organizations and interested community residents to develop a Community Recreation Plan for both Lac du Bonnet and Pinawa
- Developing a strategic plan for the WRRD to align with the Community Recreation Plan
- Promoting participation in regular physical activity through new and innovative *in motion* programs and awareness raising efforts
- Increasing the number of cultural/arts programs available in Lac du Bonnet
- Increasing the number of family programs/activities available in Pinawa and Lac du Bonnet
- Continuing to partner with other groups to provide special events in the region
- Welcoming our new director, Shawn Wilkinson in February 2009



Sensei David Ogren gets tossed at Karate Camp August 11-15, 2008

APPENDIXES

- A. 2008 Financial Statements**
- B. 2008 Report on Municipal Expenditures for Recreation**
- C. 2009 Budget**
- D. WRRD 5-Year Statistical Comparison**
- E. 2008 Program Brochures**



RCMP Musical Ride July 23, 2008